

LYNCHBURG PARKS & RECREATION



ACTIVITY GUIDE

FALL 2014

PAGE 8: IT'S TIME FOR YOUTH BASKETBALL

PAGE 18: ZOMBIE HALLOWEEN AND CAMPFIRE!

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LYNCHBURG PARKS & RECREATION

While Miller Center undergoes renovations, the following locations are serving as the Parks & Recreation offices:

PARKS & RECREATION MAIN OFFICES

2704 Concord Turnpike, Lynchburg, VA 24504
(434) 455-5858 | Hours 8:30am - 5:00pm

ATHLETICS, AQUATICS, & THE NATURE ZONE

825 Kemper Street, Lynchburg, VA 24501
Call for an appointment (see direct contact numbers below)

RECREATION SERVICES & VOLUNTEER COORDINATION

525 Taylor Street, Lynchburg, VA 24504
Call for an appointment (see direct contact numbers below)

MAILING ADDRESS

301 Grove Street, Lynchburg, VA 24501

CONTACTS

MAIN OFFICE • (434) 455-5858

CANCELLATION LINE • (434) 455-5860

Recreation Services • (434) 455-5877

Athletics/Aquatics • (434) 455-5882

Naturalist Programs • (434) 455-5878

The Nature Zone • (434) 455-5828

Volunteer Program • (434) 455-5886

Citywide Centers • (434) 455-5837

Fairview Center • (434) 847-1751

Templeton Senior Center • (434) 455-4115

Art Studio at Jackson Heights Center • (434) 455-4001

Neighborhood Centers • (434) 455-5857

College Hill Center • (434) 847-1418

Daniel's Hill Center • (434) 847-1396

Diamond Hill Center • (434) 847-1409

Jefferson Park Center • (434) 847-1405

Yoder Center • (434) 847-1645

WWW.LYNCHBURGVA.GOV/PARKSANDREC • PARKSINFO@LYNCHBURGVA.GOV

tag us! #lynchburgparks

  /LYNCHBURGPARKS  /LYNCHBURGPARKSREC

HOW TO REGISTER

Registration for classes and activities can be done in one of the following three ways. Activities with special registration guidelines will be noted in the activity description.



ONLINE

www.lynchburgva.gov/parksandrec



DIRECT MAIL

Mail your completed registration form (page 27) to Lynchburg Parks & Recreation, 301 Grove Street, Lynchburg, VA 24501



IN PERSON

Visit our offices at 2704 Concord Turnpike or any one of our community centers to register in person

SCHOLARSHIPS

If you are a Lynchburg city resident in need of financial assistance to participate in Parks & Recreation programs, you and your family members may qualify for a scholarship. Residents of all ages are eligible. Scholarship applications are online at www.lynchburgva.gov/parksandrec and at any of our centers or offices. Must be submitted for approval five business days prior to registration deadline.

SUBSCRIBE

Stay updated on the latest Parks & Rec activities, events, and news.

To subscribe, visit our website at www.lynchburgva.gov/parksandrec.



The Lynchburg Parks and Recreation Department complies with the Americans with Disabilities Act for qualified individuals. If reasonable accommodations are needed, please tell us upon registration and at least 10 days prior to the activity.

OUT OF SCHOOL PROGRAMS

After School Program

Ages 6 to 17

On weekdays after school, the neighborhood centers focus on growing children through active play, homework help, snack, and enrichment activities. The schedule follows the Lynchburg City Schools' academic calendar. Register your child at the neighborhood center of your choice. FREE.

Monday - Friday

8/25 - 6/5 • 3:00pm - 6:00pm

CENTER	CONTACT	ACTIVITY
College Hill Center	(434) 847-1418	65100.201
Daniel's Hill Center	(434) 847-1396	67100.201
Diamond Hill Center	(434) 847-1409	66100.201
Jefferson Park Center	(434) 847-1405	62100.201
Yoder Center	(434) 847-1645	64100.201

Fairview Extras

Ages 6 to 17

After school is eXtra fun at Fairview. Activities include fitness, local field trips, indoor and outdoor games, play time, tutoring, and healthy snacks. Call (434) 847-1751 for more info. Register by the first of each month. \$10.00 LR / \$15.00

Fairview Center

M - F 9/2 - 9/30	3:30pm - 6:30pm	63100.310
M - F 10/1 - 10/31	3:30pm - 6:30pm	63100.320
M - F 11/3 - 11/26	3:30pm - 6:30pm	63100.330
M - F 12/1 - 12/31	3:30pm - 6:30pm	63100.340

School's Out!

Ages 6 to 17

School's Out is a program at Fairview Recreation Center for those days when Lynchburg City Schools are closed - snow days, teacher planning days, etc. School's Out! offers kids a variety of activities that promote movement, fun, fitness, art, life skills, outdoor recreation, and more. For more information about School's Out! Call Fairview Recreation Center at (434) 847-1751. Program time 1:00pm - 5:00pm.

\$3.00 per day (Registered in the Fairview eXtras After School Program)

\$13.00 LR / \$20.00 per day charge (Participants not already registered in the Fairview eXtras Afterschool Program)



AQUATICS

CPR / First Aid / AED Certification

Ages 15+

Participants learn and demonstrate their technical skills and must successfully pass the written test with a minimum score of 80 for completion. Certification earned is valid for two years. Space is limited. Register by the Friday before class starts.

\$75.00 LR / \$90.00

Public Works Meeting Room, 1700 Memorial Ave.

Instructor: Joanna Nisbet

W 10/15	6:00pm - 9:00pm	34002.301
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ARTS

crafts

Beading with Jamie

Ages 18 +

Learn basic beading techniques including terms, bead selection, and composition as you design your own beautiful piece of jewelry. Register three days prior to class.

\$10.00

Templeton Senior Center

Instructor: Jamie Carlund

Tu 9/30	7:15pm - 8:15pm	74404.310
Th 10/16	10:30am - 11:30am	74404.320
W 11/12	1:00pm - 2:30pm	74404.330
Th 12/4	10:30am - 11:30am	74404.340

Jewelry Making for Beginners

Ages 18 +

Learn basic beading techniques to create a necklace and earrings. Supplies are needed for this class. Please see receipt for details. Register by 11/5.

\$8.00

Fairview Center Craft Room

Instructor: Judy McGehee

M 11/10	6:00pm - 8:00pm	63600.331
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Intergenerational Crafting Series with Meal

Ages 4 to 10

Enjoy creating a simple, seasonal craft project with your children or grandchildren, followed by a delicious family meal for all. Fee is per person. Register by Friday of the previous week. Please see receipt for details. \$4.00

Templeton Senior Center

Tee Shirt Craft & Souper Supper

Tu 9/16	4:30pm - 5:45pm	73004.311
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Halloween Crafts & Monster Stew

Tu 10/14	4:30pm - 5:45pm	73004.322
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Fleece Crafting and Chili Dinner

Tu 11/11	4:30pm - 5:45pm	73004.332
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Christmas Crafts & Spaghetti

Tu 12/2	4:30pm - 5:45pm	73004.341
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No Sew Fleece Hat

Ages 18 +

Create a simple pom pom hat using fleece and small double knots. These cute hats make great gifts and the techniques are easy to teach to others. Students need to bring 1/2 yard of fleece fabric in their choice of color and a sharp pair of scissors. Register by 9/23.

\$3.00

Templeton Senior Center

Th 9/25	9:30am - 10:30am	73001.320
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Tee Shirt Scarf Class

Ages 18 +

Turn a tee shirt into a versatile scarf. This easy, fun craft is a clever way to transform an old tee shirt into a fashion accessory. One shirt will be provided, but you can also bring a shirt of your own and complete a second scarf. An extra-large tee shirt works best. Bring your own sharp scissors. Register by 9/8.

\$5.00

Templeton Senior Center

Instructor: Jamie Carlund

Tu 9/9	10:30am - 11:30am	73001.311
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needle arts

Hairpin Crochet Lace Scarf

Ages 15 +

Crochet a delicate, hairpin lace scarf using a loom to give as a gift or for yourself. Supplies are needed for this class. Please see receipt for details. Register by 9/10.

\$15.00 LR / \$23.00

Academy of Fine Arts

Instructor: Judy McGehee

M 9/15 - 9/29	6:00pm - 8:00pm	73001.310
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Knitting For Beginners

Ages 15 +

Learn basic knitting skills in this two-hour, two session workshop. Register by 10/6. All supplies are provided and included in registration fee.

\$15.00 LR / \$23.00

Academy of Fine Arts

Instructor: Judy McGehee

M 10/13 - 10/20	6:00pm - 8:00pm	73001.321
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painting

Intro to Oil Painting

Ages 18 +

Learn to mix colors and incorporate basic design elements as you paint a beautiful landscape. This three-week course will focus on different elements of a landscape painting featuring a scene from Central Virginia. Students should bring their 11" x 14" canvas and brushes. Register by 9/5.

\$35.00 LR / \$50.00

Templeton Senior Center

Instructor: Rodney P Laughon

Tu 9/9 - 9/23	6:30pm - 8:00pm	74400.310
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Oil Painting Express

Ages 18 +

Learn to mix colors and incorporate basic design elements as you paint a beautiful landscape. This one session class will feature a scene from Central Virginia. Students should bring their 11" x 14" canvas and brushes. Register by 11/7.

\$30.00 LR / \$45.00

Templeton Senior Center

Instructor: Rodney P Laughon

Tu 11/11	1:00pm - 4:00pm	74400.330
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Oil Painting For Beginners

Ages 18 +

Create landscape and still-life paintings while learning how to use your tools, set up your palette, and develop a color theme. Supplies needed for this class. See receipt for details upon registration. Register by 10/8.

\$60.00 LR / \$75.00

Academy of Fine Arts

Instructor: Linda Duff

W 10/15 - 11/5	6:30pm - 8:00pm	74401.323
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Watercolor Express

Ages 18 +

It's fast and it's fun! Create and complete your own watercolor picture as the instructor takes you step by step through the process. Students should bring their own brushes. Register by the Friday before class.

\$15.00 LR / \$23.00

Templeton Senior Center

Instructor: Betty J Leary

Tu 9/16	1:00pm - 4:00pm	74401.311
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Tu 10/21	1:00pm - 4:00pm	74401.321
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Watercolor Pencil Basics

Ages 18 +

Combine basic drawing and watercolor techniques in this introductory class. In addition, learn color theory, color mixing, and layering. Bring your own basic set of watercolor pencils and brushes. Register by 9/10.

\$35.00 LR / \$50.00

Templeton Senior Center

Instructor: Linda Duff

M 9/15 - 10/6	6:30pm - 8:30pm	74405.310
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CALLING ALL INSTRUCTORS, GUEST SPEAKERS, ORGANIZATIONS!

If you have a special talent or skill and are interested in teaching a class (any age) contact Allyson McSwain, City-Wide Center Supervisor: allyson.mcswain@lynchburgva.gov or (434) 455-5837. Instructors especially needed for pottery, stained glass, theatre, fitness, art, drawing, painting, music lessons, youth dance, storytelling, educational, and mentoring programs.

Watercolors For Beginners

Ages 18 +

Learn the basics of painting with watercolors while creating a beautiful fall themed picture. The class will cover color theory, basic techniques, and shadowing. Beginners only. Register by 9/3. See receipt note for details. \$60.00 LR / \$75.00

Academy of Fine Arts

Instructor: Linda Duff

W 9/10 - 10/1	6:30pm - 8:30pm	74401.312
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Watercolors: Exploring Colors

Ages 18 +

Discover the beauty of watercolors as you learn how to work from light to dark, layer and blend colors and add depth to your painting. The instructor will also include tips on how to avoid and correct mistakes. Students should bring their own brushes. Register by the Tuesday before class. \$60.00 LR / \$75.00

Templeton Senior Center

Instructor: Betty J Leary

Th 9/4 - 10/9	6:30pm - 8:30pm	74401.310
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Th 10/16 - 11/20	6:30pm - 8:30pm	74401.320
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Watercolors: Intro to Botanicals, Fall Leaves

Ages 18 +

In this introductory class, students will learn pencil drawing and sketching of leaves, use of color, perspective, and depth as they relate to watercolor painting. Students should bring pointed round sable brushes #4 and #6 and a small scrubber brush. For optimal results, students should also consider bringing their own goose neck lamp. Register by 8/29. \$70.00 LR / \$85.00

Templeton Senior Center

Instructor: Virginia Klute

Th 9/4 - 9/25	1:00pm - 4:00pm	74401.312
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pottery

Pottery For Beginners: Hand Built & Wheel

Ages 18 +

Learn to make clay pottery using both hand-forming and wheel-throwing techniques. Register no later than four days in advance. \$88.00 LR / \$103.00

The Art Studio @ Jackson Heights Craft Room

Instructor: Gail Speidell

Tu 9/2 - 10/21	9:00am - 12:00pm	26000.310
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W 9/3 - 10/22	6:00pm - 9:00pm	26000.311
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Tu 10/28 - 12/16	9:00am - 12:00pm	26000.330
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W 10/29 - 12/17	6:00pm - 9:00pm	26000.331
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Pottery For Children

Ages 9 to 15

Learn to make clay pottery using hand-forming techniques. Register by 9/24. \$25.00 LR / \$40.00

The Art Studio @ Jackson Heights

Instructor: Sue Matherly

W 10/1 - 10/22	4:00pm - 5:00pm	26000.320
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Pottery at Fairview

Ages 50 +

Using clay, design and make your own pottery creations to take home. Register by the Friday before. \$8.00

Fairview Center Craft Room

Instructor: Sue Matherly

Oval Bowl		
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W 9/10 - 9/17	10:30am - 12:00pm	63600.310
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Leaf Bowl		
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F 10/17 - 10/24	10:30am - 12:00pm	63600.320
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Pillow Vase		
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F 11/7 - 11/14	10:30am - 12:00pm	63600.330
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Angel Ornament		
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F 12/5 - 12/12	10:30am - 12:00pm	63600.340
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stained glass

Stained Glass Panel

Ages 18 +

Learn to cut, grind and solder to create a colorful window hanging. Register three days prior to class. \$90.00 LR / \$105.00

The Art Studio @ Jackson Heights Craft Room

Instructor: Carter Martin

Th 9/4 - 10/23	6:30pm - 8:30pm	63600.311
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Th 10/30 - 12/18	6:30pm - 8:30pm	63600.322
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Stained Glass Ornament

Ages 50 +

Create a beautiful stained glass ornament to adorn your tree or give as a gift. Register by 12/5. \$10.00

Fairview Center

Instructor: Judy McGehee

W 12/10	10:00am - 12:00pm	63600.341
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ATHLETICS

youth athletics

Youth Basketball

Ages 9 to 18

Cheer for your all-star on the court this winter! This league is perfect for those just learning the game, as well as those who are looking to continue developing their skills. Weekly practices begin in December, and games are scheduled to begin in January. All registration must be done in-person for first-time registrants. Those who have played previously can register online. Must be in school and between ages 9 - 18 as of 12/31. Please note that birth certificates are required at the time of registration. Registration will be held on the dates below and during office hours at the Parks & Rec administrative offices. Participants who register on or after Friday, 11/14 may be accepted if space allows and are subject to a \$5 late fee. Late registrants will be assigned to the next available team. Register by 11/13. \$45.00 LR / \$60.00

Important Dates

Registration:

Sa 11/1 9:00am - 12:00pm at Public Works, 1700 Memorial Ave.

M - Th 11/3 - 11/6 from 6:00pm - 8:00pm at Athletics Office, 825 Kemper St.

Sa 11/8 12:00pm - 3:00pm at Public Works, 1700 Memorial Ave.

Season Play: 12/1 - 3/7

Boys

Ages 9 & 10	31031.301
Ages 11 & 12	31031.303
Ages 13 & 14	31031.305
Ages 15 to 18	31031.307

Girls

Ages 9 & 10	31031.302
Ages 11 & 12	31031.304
Ages 13 & 14	31031.306
Ages 15 to 18	31031.308

Youth Basketball Instructional Program

Ages 7 & 8

Your child will have a great time learning new skills and improving their knowledge of one of the most popular sports in the world. Each week they will spend time learning the fundamentals of the game, working on skills and then playing no pressure scrimmages to get them ready for the next level. All activities will take place on a lowered rim to make it easier and more enjoyable. Participants who register on or after 1/5 may be accepted on a space available basis and are subject to a \$5 late fee. Register by 1/5.

City Armory

Sa 1/10 - 2/14	9:00am - 10:00am	31033.101
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Hot Shot Competition

Ages 9 to 14

Is your child a sharp shooter on the basketball court? Let them show off their skills in this timed shooting competition as they dribble from half-court to shoot from "hotspots" while accumulating points. Certificates will be awarded to all participants, and trophies will be awarded to the best overall Hot Shot male and female champions. Register by 10/15. \$6.00 LR / \$9.00

City Armory

W 10/22	6:00pm - 8:00pm	31034.301
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TEAM SIDELINE
SCHEDULES • SCORES • STANDINGS
TEAMSIDELINE.COM/LYNCHBURG

Basketball Skills Clinic With The Titans

Ages 6 to 17

This basketball clinic for youth is a great way to improve and perfect your child's basketball skills and shoot hoops with pros. Time will be split between drills and challenges. Register by 9/12.

\$5.00

Fairview Center

Youth (Ages 6-12) W 9/17	5:00pm - 6:00pm	63300.312
Teens (Ages 13-17) W 9/24	6:00pm - 7:00pm	63300.316

Meet the Titans, Lynchburg's Pro Basketball Team

Ages 6 +

Meet the Titans, Lynchburg's own professional basketball team, as they showcase their skills on Fairview's courts. Meet the players, shoot some hoops and stay active! The Titans are committed to bringing fun, excitement and entertainment to the area. Register by 9/5.

\$5.00

Fairview Center

Tu 9/9	4:00pm - 6:00pm	63305.310
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Girls Fall Softball

Ages 5 to 15

Our Girls Fall Softball League is ideal for new players and those who want to continue to work on their softball skills. Girls are placed on teams according to their age. Practices begin in late August and games are scheduled after Labor Day through October. Register by 9/1.

\$40.00 LR / \$55.00

Peaks View Softball Field

9/1 - 11/1	6:00pm - 10:00pm	31011.301
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Punt, Pass, & Kick Challenge

Ages 6 to 15

A free, co-ed football skills challenge testing youth's punting, passing, and kicking skills. Points are awarded in each skill based on distance and accuracy. The overall high scorer in each age division will advance to the sectional competition. Birth certificates are required; age determined as of 12/31/2014. Register by 9/17.

Peaks View Park Field 4

Sa 9/20	3:00pm - 5:00pm	31040.301
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Soccer Basics For Kids

Ages 6 to 12

Learn essential skills necessary to play soccer. Register by 9/5.

\$8.00

Fairview Center Athletic Field

F 9/12	4:30pm - 6:00pm	63306.313
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Youth Open-Gym

Ages 6 to 18

FREE

Dunbar Middle School

Tu 9/16 - 12/16	6:00pm - 8:00pm
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Linkhorne Middle School

Su 9/14 - 12/14	3:00pm - 5:00pm
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City Armory

M W 9/15 - 12/17	6:00pm - 8:00pm
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adult athletics

Adult Volleyball

Ages 18 +

Join us for this fun and competitive recreation league. Teams will play a 12-match (5 games per match) schedule with one match per week starting at 7:00 or 8:30pm. The top four teams will play a single elimination tournament - best two out of three games to determine a city champion.

In-person registration only.

\$400.00 Team Fee (+\$15/person for each non-resident)

Important Dates

Organizational Meeting: 9/22, 6:00pm

Registration for returning teams: 9/29 - 10/3, 4:00pm - 6:00pm

Registration for new teams: 10/6 - 10/9, 4:00pm - 6:00pm

Organizational Meeting & Registrations held @ 825 Kemper St. Athletics Office

11/3 - 4/17	30003.301
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YOUTH ATHLETIC ORGANIZATIONS

Blue Ridge Lacrosse Club
www.blueridgelax.org

Lynchburg Little League Baseball
www.lynchburglittleleague.com

Central Virginia United - Soccer
www.centralvirginiaunited.com

Lynchburg Tennis Patrons Association
www.lynchburgtennis.org

Central Virginia Volleyball Association
www.cvvb.org

Challenged Sports Exchange
www.challengedsportsexchange.com

Hill City Youth Football and Cheerleading
www.hcyfc.com

Girls on the Run
www.girlsontheruncenva.org

fifty-plus athletics

Fifty-Plus Pickleball

Ages 50 +

Discover the fun of Pickleball! It's a great racquet sport, which combines the elements of badminton, tennis, and table tennis and gives you opportunity to stay fit and have fun. The speed of the ball and the size of the court make this an ideal game for the 50+ crowd. Register and pay monthly by the first day of play.

\$10.00

Heritage United Methodist

Th 9/4 - 9/25	2:00pm - 5:00pm	73703.310
Th 10/2 - 10/30	2:00pm - 5:00pm	73703.320
Th 11/6 - 11/20	2:00pm - 5:00pm	73703.330
Th 12/4 - 12/18	2:00pm - 5:00pm	73703.340

Fifty-Plus Pickleball Clinic

Ages 50 +

Learn the basic techniques, skills and rules of this fun sport. Your clinic registration fee also covers the cost of play for the remaining Thursdays of the month so you can practice what you have learned. Register by the Tuesday before.

\$10.00

Fairview Center

Th 9/11	1:00pm - 3:00pm	73703.311
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Heritage United Methodist Church Gym

Th 10/2	9:30am - 11:30am	73703.321
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Fifty-Plus Softball

Ages 50 +

All skill levels are invited to participate in this great team sport. Coed games focused on fun, fitness and friendly competition. Register and pay monthly by the first day of play.

\$10.00

Peaks View Park

W F 9/3 - 9/26	9:00am - 11:00am	73702.310
W F 10/1 - 10/31	10:00am - 12:00pm	73702.320



CHALLENGED SPORTS EXCHANGE

A variety of recreational and sports activities are available for individuals with developmental disabilities and/or physical challenges in the Central Virginia region through the Challenged Sports Exchange (CSE). Monthly movies are shown at the Daniel's Hill Center located at 317 Norwood Street.

CSE partners include: Lynchburg Parks and Recreation Department, ARC of Central Virginia, Grace Church, and VSA Arts of Virginia.

For calendars, newsletters or additional information contact:

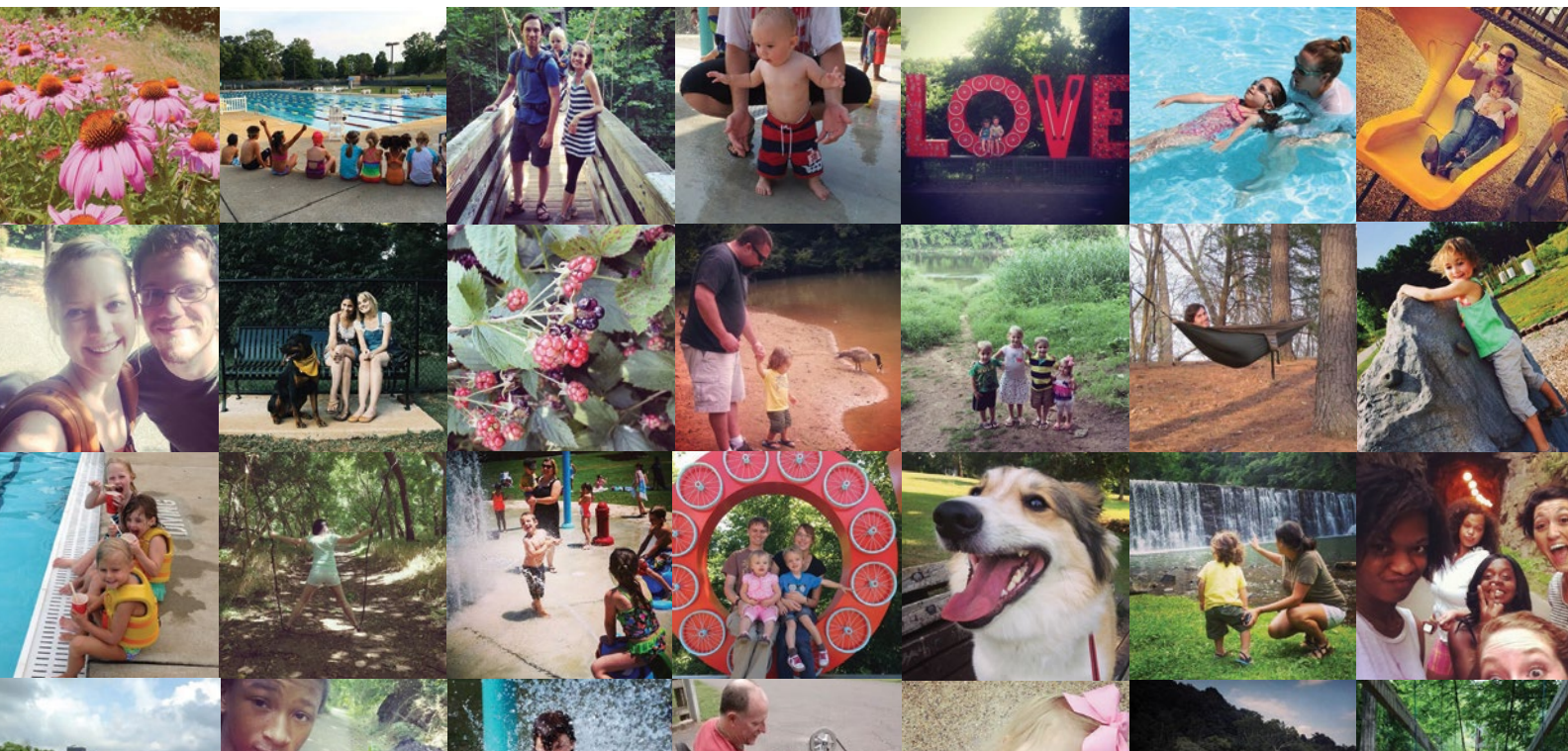
CSE Office • 434-455-1178 • cseleague@gmail.com • www.ChallengedSportsExchange.com



Are we playing today?

Cancellation line:

(434) 455-5892



#lynchburgparks





ENRICHMENT

AARP Smart Driver Class

Ages 50 +

This eight-hour, newly updated driving refresher course geared to the older driver, develops skills to enhance performance and safety. Check with your agent about a rate reduction! Register two days before class begins. \$14.00 payable on site to AARP

Templeton Senior Center

Sa 9/20	8:30am - 5:00pm	74001.310
W Th 10/22 - 10/23	9:00am - 1:00pm	74001.320

Adventures in Antarctica

Ages 18 +

Experience chilling adventures in Antarctica, from your warm chair. Susan Timmons will enhance our knowledge of this southern most continent that hosts a frozen desert all year long. FREE

Templeton Senior Center

Tu 9/23	10:30am - 11:30am	73003.310
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Astronomy: Travel Adventures

Ages 18 +

Experience the adventures of Neal Sumerlin, retired Lynchburg College Astronomy Professor, as he shares his passion and travels. View a solar eclipse in the South Pacific, the Northern Lights in Iceland, and visit the many observatories in Chile. FREE

Templeton Senior Center

Tu 10/21	10:30am - 11:30am	73003.320
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Bridge: Beginners

Ages 18 +

Discover the fun of bridge as you learn the basics of the card game. Beginners of all ages are invited to try their hand at this six-week class. Register by 9/8. \$34.00 LR / \$49.00

Templeton Senior Center

Instructor: Phyllis Moldenke

W 9/10 - 10/15	1:00pm - 3:00pm	74002.312
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Bridge: Intermediate

Ages 50 +

Continue learning the game of bridge as you build on your skills and improve your game. Some previous playing experience is necessary. Register by the Friday before. \$34.00 LR / \$49.00

Templeton Senior Center

Instructor: Phyllis Moldenke

M 9/8 - 10/13	9:30am - 11:30am	74002.310
M 10/20 - 11/24	9:30am - 11:30am	74002.320

Bridge: Advanced

Ages 50 +

Improve your game and learn the finer points of bridge. Previous playing experience is a must! Register by the Friday before class begins.

\$34.00 LR / \$49.00

Templeton Senior Center

Instructor: Edward F Moldenke

M 9/8 - 10/13	9:30am - 11:30am	74002.311
M 10/20 - 11/24	9:30am - 11:30am	74002.321

Conversational German

Ages 18 +

Sprechen Sie Deutsch? Whether it's for fun, travel, or just an opportunity to brush up on your language skills, this may be the class for you. Learn some basic phrases, key words and pronunciations in this conversational class. Register by 9/5.

\$28.00 LR / \$42.00

Templeton Senior Center

Instructor: Estefania Whitesell

Tu 9/9 - 10/14	7:15pm - 8:15pm	73004.310
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Disaster Preparedness Program

Ages 18 +

September is National Preparedness Month. Are you prepared for an emergency? A representative from the American Red Cross will present important information and timely tips to help you be prepared and stay safe.

FREE

Templeton Senior Center

Tu 9/16	10:30am - 11:30am	73003.312
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Experience the Galapagos Islands

Ages 18 +

Travel to the magical Galapagos Islands with Nita and Bob Hempfling. Learn about the amazing wildlife and natural beauty of the area.

FREE

Templeton Senior Center

Tu 11/18	10:30am - 11:30am	73003.330
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Lunch and Learn

Ages 30 +

Enjoy a delicious lunch while receiving information on a variety of current topics from wellness to gardening that may interest a loved one, friend or yourself. The menu will change each month. Pick up a Fairview Center calendar for full schedule. Register by the Friday before class.

\$4.00

Fairview Center

W 9/24	11:00am - 12:00pm	63400.310
W 10/22	11:00am - 12:00pm	63400.320
W 11/12	11:00am - 12:00pm	63400.330
W 12/17	11:00am - 12:00pm	63400.340

Mahjong Lessons

Ages 18 +

Learn this ancient Chinese game, similar to the Western card game rummy. Mahjong is a game of skill, strategy and calculation and involves a certain degree of chance. Register by 10/1.

\$10.00

Templeton Senior Center

Instructor: Karen Bridgett

F 10/3 - 10/17	9:30am - 11:30am	73004.320
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Meet the Author Dr. Casey Clabough

Ages 18 +

Lynchburg College professor, Dr. Casey Clabough, author of eleven books and over one hundred periodical publications, will field questions about his latest work, *The Idiot's Guide: Creative Writing*. If you have interest in creative writing or just want to meet this interesting and accomplished writer, join us.

FREE

Templeton Senior Center

W 10/15	10:30am - 11:30am	73003.321
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Meet the Author Dr. Elizabeth Cook

Ages 18 +

Meet Dr. Elizabeth Cook, local physician and author of *Dirty Wounds*, a book about a brilliant trauma surgeon who has dedicated her life to saving others in a quest to atone for a tragic mistake in her past. Sound interesting? Be a part of the audience and find out more about the author and her intriguing story.

FREE

Templeton Senior Center

W 9/17	10:30am - 11:30am	73003.311
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Musical Memories and Mandolins

Ages 18 +

Long time musician, Luke Saunders, shares his love of music and his talent for making instruments. Luke has played mandolin for over 50 years and has crafted his own instruments including fiddles, mandolins, and guitars. Following the presentation, Luke's son, Doug, joins him on the banjo as they share several musical selections.

FREE

Templeton Senior Center

Tu 10/28	10:30am - 11:30am	73003.322
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Therapy Dog Program

Ages 18 +

"Paws" for a moment and learn about the heart warming benefits of therapy dogs. These dogs are trained to provide affection and comfort to people in hospitals, retirement homes, nursing homes, schools, hospices, disaster areas, and to people with learning difficulties. Dog lover, Pat DeMars, shares her perspective about what qualities therapy dogs and their handlers need to be successful. Enjoy interacting with these special dogs following her presentation.

FREE

Templeton Senior Center

Tu 10/14	10:30am - 11:30am	73003.323
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Genealogy on the Web

Ages 18 +

Interested in tracking your heritage? There is a world of information waiting to be explored on the internet, but not all sites are created equal. Learn how to use the best ones to full advantage and search the census at home with free sites. New information is constantly being added; now may be the ideal time to find out about your ancestry. Register by 11/3. \$25.00 LR / \$32.00

Templeton Senior Center

Instructor: Marsha Berry

Th 11/6 - 11/20	10:00am - 11:30am	74003.330
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Gmail Basics

Ages 18 +

Learn the fundamentals for using Gmail: creating an account, settings, filters, creating rules, managing multiple accounts, chat, and more. Bring your own laptop if possible. Register by 10/31. \$10.00

Templeton Senior Center

Instructor: Estefania Whitesell

Tu 11/4 & 11/11	7:15pm - 8:45pm	73004.331
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iPhone Basics

Ages 18 +

The class focus will be on basic features for the iPhone series 5 and up. Learn the fundamentals of the settings, using apps, photo options, and more. Bring your phone and your questions. Register by 10/24. \$7.00

Templeton Senior Center

Instructor: Estefania Whitesell

Tu 10/28	7:15pm - 8:45pm	73004.321
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STREET BANNERS

What better way to display your message than by reserving a banner location and placing it across a street where people are sure to see it? Promote your upcoming Lynchburg event on a banner for up to 14 days at one of the following three locations:

- MLK Bridge on 5th Street
- Main Street in front of the Community Market
- 6th and Main Street



For more information contact:

Sharon Brown • Special Events Coordinator • (434) 455-5871

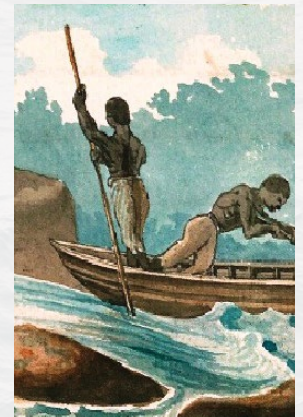
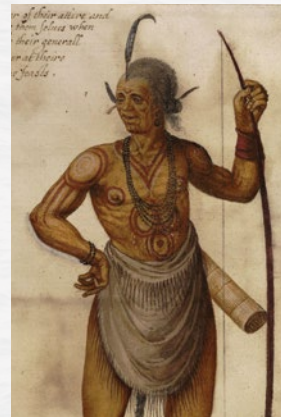


EXPERIENCE THE JAMES

Lynchburg's Pathway to the World

**June 6, 2014 -
December 31, 2015**

The Lynchburg Museum's new exhibit on "America's Founding River" covers exploration, war, ecology, and more through art, archaeology, and artifacts from museums across Virginia.



LYNCHBURG MUSEUM
The Lynchburg Museum
901 Court Street
Lynchburg, VA 24504
(434) 455-6226
LynchburgMuseum.org



**Lynchburg
Museum
System**



POINT OF HONOR
Point of Honor
112 Cabell Street
Lynchburg, VA 24504
(434) 455-6226
PointofHonor.org



HEALTH & FITNESS

fitness

Fairview Fitness

Ages 50 +

Enjoy low-impact, self-paced classes with a fast, upbeat routine that helps trim and tone. Register by the first class.

\$24.00 LR / \$36.00

Fairview Center Multipurpose Room

Instructor: Jan Baker

M W F 9/3 - 9/29	11:30am - 12:20pm	63303.310
M W F 10/1 - 10/31	11:30am - 12:20pm	63303.320
M W F 11/3 - 11/26	11:30am - 12:20pm	63303.330
M W F 12/1 - 12/29	11:30am - 12:20pm	63303.340

Sculpt & Tone Exercise Class

Ages 18 +

This twice weekly exercise class opens with a cardio work out then focuses on trimming and toning using weights, bands, mats and steps. Register monthly by the first class.

\$24.00 LR / \$36.00

Templeton Senior Center

Instructor: Estefania Whitesel

Tu Th 9/2 - 9/30	6:00pm - 7:00pm	74209.310
Tu Th 10/2 - 10/30	6:00pm - 7:00pm	74209.320
Tu Th 11/4 - 11/25	6:00pm - 7:00pm	74209.330
Tu Th 12/2 - 12/30	6:00pm - 7:00pm	74209.340

Tap Dance

Ages 18 +

Tap into better health as you polish up your knowledge of basic tap steps and add more tap combinations. Get your heart rate up and feet moving. Knowledge of basic tap steps is needed for this class. Register by the Friday before.

\$23.00 LR / \$35.00

Academy of Fine Arts

Instructor: Jamey Love

Tu 9/9 - 10/14	1:00pm - 2:00pm	74208.311
Tu 10/21 - 11/25	1:00pm - 2:00pm	74208.321

Tips for the Virginia 10/4 Miler, Amazing Mile Children's Run

Ages 6 +

Are you running the Virginia 10 or 4 miler or The Amazing Mile Children's Run? Get last minute tips to get your body ready for the day and not be worn out for the run. Understand how to start eating and hydrating in preparation for the race. Geared to all ages and skill levels. Register by 9/8. \$5.00

Fairview Center

Instructor: Luke Norris

M 9/8	5:30pm - 6:30pm	63307.315
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Yoga

Ages 50 +

This self-paced class combines stretching, breathing, and holding postures. Register monthly by the first class. \$24.00 LR / \$36.00

Templeton Senior Center

Instructor: Deborah W Ladd

Tu 9/2 - 9/30	8:15am - 9:05am	74203.310
Tu 10/7 - 10/28	8:15am - 9:05am	74203.320
Tu 11/4 - 11/25	8:15am - 9:05am	74203.330
Tu 12/2 - 12/30	8:15am - 9:05am	74203.340

Zumba

Ages 18 +

A total workout, combining great elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of fun every time you go to class. Register monthly for the date, time, and location of your choosing. Register monthly by the first class. \$24.00 LR / \$36.00

Templeton Senior Center

Estefania Whitesell

Tu Th 9/2 - 9/30	1:00pm - 1:45pm	74205.310
Tu Th 10/2 - 10/30	1:00pm - 1:45pm	74205.320
Tu Th 11/4 - 11/25	1:00pm - 1:45pm	74205.330
Tu Th 12/2 - 12/30	1:00pm - 1:45pm	74205.340

Kirstin Eubank

M W 9/3 - 9/29	5:00pm - 5:45pm	74208.310
M W 10/1 - 10/29	5:00pm - 5:45pm	74208.320
M W 11/3 - 11/24	5:00pm - 5:45pm	74208.330
M W 12/1 - 12/29	5:00pm - 5:45pm	74208.340

Fairview Center

Kirstin Eubank

Tu Th 9/2 - 9/30	6:00pm - 6:45pm	63304.310
Tu Th 10/2 - 10/30	6:00pm - 6:45pm	63304.320
Tu Th 11/4 - 11/25	6:00pm - 6:45pm	63304.330
Tu Th 12/2 - 12/30	6:00pm - 6:45pm	63304.340

Wellness

Exploring Mindfulness Meditation

Ages 18 +

Continue to explore the power of mindfulness meditation once you have completed the introductory class or if you are an experienced practitioner. Investigate different aspects of meditation to use in daily life and reduce stress. Register by 10/31.

\$13.00 LR / \$20.00

Templeton Senior Center

Instructor: Susan Joiner

Tu 11/4 - 11/18	9:30am - 10:30am	74201.330
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Free Eye Screening for Kids

Ages 1 to 17

Free eye screening sponsored by Lion's Club. You will leave with a printout to take to your eye doctor, if needed. Register by 9/22. FREE

Fairview Center

Tu 9/23	5:30pm - 6:30pm	63102.313
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Intro to Mindfulness Meditation for Stress Relief

Ages 18 +

Explore power of mindfulness meditation, bringing more joy, resilience, and tranquility to your life. Research suggests it may improve mood, decrease stress, boost immune function, and may even change brain function. Learn simple meditation exercises to use at home. Register by 9/19.

\$26.00 LR / \$39.00

Templeton Senior Center

Instructor: Susan Joiner

Tu 9/23 - 10/28	9:30am - 10:30am	74201.310
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Shingles: Information and Prevention

Ages 18 +

Did you know that the chickenpox virus never leaves the body and you can get shingles at any time? Learn more about this condition and what you can do to help prevent it, as a Walgreens' pharmacist talks about shingles and the shingle's vaccine. Be sure to check with your doctor to see if the vaccine is right for you.

FREE

Templeton Senior Center

Tu 9/30	10:30am - 11:30am	73003.313
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EXPLORE IVY CREEK PARK



118 CLEMMONS LAKE PLACE

Check out the new “Explore Backpacks” at Ivy Creek Park. Perfect for kids who love to investigate, each pack contains a magnifying glass, net, bug containers, and animal ID cards. Kids can venture off with a parent to create their own adventure and learn in the process. These packs may be borrowed during your visit in exchange for a drivers’ license.

Find out about special opportunities to meet live aquatic animals, experience interactive displays and join in hands-on programs throughout the year! The Cabin at Ivy Creek Park features a mini-nature center, highlighting our native wetland and aquatic habitats.

Call (434) 455-5828 for information.

Canoe & Kayak Rentals

September

Saturdays, 10:00am - 5:00pm

Sundays, 1:00pm - 5:00pm

Enjoy the serenity of Ivy Creek Park’s Clemmons Lake. Whether you venture out on the water in a canoe or kayak, fish from the pier, or enjoy a picnic lunch on the shore, you’re sure to enjoy the day! Bring a group for the fun of it.

Canoe Rentals: \$8.00/hour Kayak Rentals: \$6.00/hour

PFDs are provided. Waterproof storage boxes available for additional charge.

Group Rentals

Minimum 3 rentals for 2 hours. For group reservations call: (434) 455-5828.





NATURALIST

archery

Archery 101

Ages 8 +

Archery is a sport for all ages and abilities, so bring your friends or family out for a great day on the range! Learn the basic elements of archery including parts of the bow, shooting form, and the layout of the range. All equipment provided. This class is a prerequisite for all other archery classes offered. Register by Monday before class. \$22.00 LR / \$33.00

Fairview Center

Instructor: Kaleb VanDePerre

Sa 9/13 (Rain date 9/20)	3:00pm - 5:00pm	63300.301
Sa 10/11 (Rain date 10/18)	3:00pm - 5:00pm	63300.303

Archery 102

Ages 8 +

Now that you have learned the basic elements of archery, improve your focus, patience and archery skills in this advanced class! Join us as we get a chance to practice our shot and participate in skills-testing games and activities. Participants must complete Archery 101 prior to taking Archery 102. Register by the Monday before. \$20.00 LR / \$30.00

Fairview Center Athletic Field

Sa 9/27 (Rain date 10/4)	3:00pm - 5:00pm	63302.312
Sa 10/25 (Rain date 11/1)	3:00pm - 5:00pm	63302.322

Archery Open Range

Ages 8 +

Whether you are looking for a fun afternoon activity, or a way to improve your archery skills, this drop in activity will suit your needs. It requires no monthly commitment and is built to fit right into your weekly schedule! Archers can expect to play challenging games, get valuable instruction and plenty of reps. Participants must complete Archery 101 prior to registering for Open Range. Register by Tuesday before class. \$5.00

Fairview Center Athletic Field

Th 9/4	5:00pm - 6:00pm	63301.305
Th 9/11	5:00pm - 6:00pm	63301.306
Th 9/18	5:00pm - 6:00pm	63301.307
Th 9/25	5:00pm - 6:00pm	63301.308



Wee Wild Ones

Hands-on fun with activities, stories, and games for the youngest explorers, age 2 to 6. Children must be accompanied by an adult.

environmental education

Wee Wild Ones: Honeybees are Beautiful

Ages 2 to 6

Wee will explore the wonderful world of bees and their pollinator friends through active play and discovery. Children must be accompanied by an adult. Register by 9/18. \$7.00

Ivy Creek Park

Sa 9/20	10:00am - 11:30am	52151.301
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Wee Wild Ones: A Walk in the Woods

Ages 2 to 6

Our Wee Wild Ones can explore the colors of fall while trekking through Ivy Creek Park's magical forest. Children must be accompanied by an adult. Register by 11/6.

\$7.00

Ivy Creek Park

Sa 11/8	10:00am - 11:30am	52151.302
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outdoor adventure

Fishing is Fun

Ages 8 +

Learn to fish with Master Naturalist Bill Plyler. Learn basic knot tying and casting, then practice catch-and-release fishing off the pier. Gear and bait supplied. Children under age 14 must be accompanied by an adult. Fishing licenses as required per Virginia regulations. Register by 9/4.

\$5.00

Ivy Creek Park

Sa 9/6	9:00am - 10:30am	53102.301
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Junior Naturalists

This series of programs offers the opportunity for children age 8 to 12 to explore nature through outdoor experiences, learning through investigation and hands-on activities. Junior Naturalists will earn an embroidered patch after attending three programs that will be offered throughout the year.

Junior Naturalists: Zombie Survival

Ages 8 to 12

If the zombies come, what will you do? Learn what to include in your "bug out bag," navigate to the safety zone and other techniques to survive zombies and other disasters. Participate in Junior Naturalist activities throughout the year to earn an embroidered patch. Register by 10/23.

\$5.00

Ivy Creek Park

Sa 10/25	9:00am - 11:00am	52152.301
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Learn to Canoe

Ages 8 +

Learn the basics of flat water canoeing and practice your new skills on the lake at Ivy Creek Park. Canoes, paddles, and PFDs provided. Children under age 14 must register with an adult. Register by 9/4.

\$10.00

Ivy Creek Park

Sa 9/6	8:00am - 10:00am	53101.301
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Zombie Halloween & Campfire

All Ages

Compete for the title of "the zombiest" in the zombie costume contest. Afterwards, enjoy toasting marshmallows around a glowing campfire. Age 3 and under are free. Register by 10/30.

\$4.00

Ivy Creek Park

Sa 11/1	7:30pm - 9:00pm	52102.301
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THE NATURE ZONE

Historic Kemper Street Train Station • 825 Kemper Street

Where exploring the wonders of nature is a natural connection!

The Nature Zone offers something for everyone in the family. Meet some "wild" animals... spark your imagination with our interactive displays... play with toys, puzzles and more at our "Kids' Corner"... and browse our extensive collection of animal mounts, featuring local birds, snakes, insects and a few exotic visitors! Don't forget to check out our gift shop!

Admission

Kids (2-17)	\$1.00
Adults (18-49)	\$2.00
Seniors (50+)	\$1.00
Annual Passes	\$10.00/individual \$30.00/family

Hours

Fridays	Noon - 6:00pm
Saturdays	10:00am - 4:00pm

For more information call: (434) 455-5828

Email: naturezone@lynchburgva.gov

Visit: www.lynchburgva.gov/parksandrec

"Like" the
Nature Zone
on Facebook



Looking for a "wild" adventure for your child's birthday? Why not try an Animal Safari or Dinosaur Safari at the Nature Zone... or get outside at beautiful Ivy Creek Park for a Canoe Adventure birthday party!
Call (434) 455-5828 for details.



**Interested in holding your next big event downtown,
in a park, or at another city location?
Contact Sharon Brown at (434) 455-5871 for more info.**

**Planning a smaller gathering? Rent a picnic shelter at one of
our many parks. Call (434) 455-5858 for more info.**

COMMUNITY EVENTS

Get!Downtown

September 12 • 6:00 PM • Downtown – Main Street
Downtown Lynchburg celebrates the return of our college students in this Friday night Main Street festival. This free event features vendors from businesses, food vendors, downtown restaurants, bands and more.
www.downtownlynchburg.com

Day in The Park

September 13 • 10:00 AM • Miller Park
An annual free day of entertainment for the whole family! Food, fun, entertainment, music, culture, and opportunities to learn more about the services available in the Lynchburg area.
www.jrleaguelyynchburg.org

Lynchburg Wine & Beer Festival

September 20, 2014 • 11:00 AM • Stadium Lawn
This exciting festival will feature area vineyards & breweries with samplings and product for sale, numerous food vendors, craft and artisan vendors, area business vendors and live music.
www.lynchburgbeerandwinefestival.com

Amazing Mile Children's Run

September 26, 2014 • 4:30 PM • Jefferson Street – Amazeement Square
This event will include for the Virginia 10 Miler, a children's race, festival of downtown merchants, band, children's entertainment, and more....
www.virginiatenmiler.com

Virginia 10 Miler

September 27, 2014 • 8:00 AM • Langhorne Road
The historic Genworth Virginia 10 Miler will celebrate its 41st year on September 26-27, 2014. Join more than 4,000 runners on a historic course that has hosted participants from around the globe. The 2014 Genworth Virginia 10 Miler will be the National Championship for the Road Runners Club of America.
www.virginiatenmiler.com

Ducky Derby

October 5, 2014 • 9:00 AM • Peakview Park
Fun Run for kids-1/4 mile (0-2), 1/2 mile (3-7), 1 mile (7-12), duck race, bouncies, games, vendors and more.
www.jrleaguelyynchburg.org

I Am Woman 5K

October 25, 2014 • 8:00 AM • Langhorne Road
This 5K run/walk for charity is Lynchburg's only women's running event. This year's race will be held on Langhorne Road starting at the Pearson Cancer Center.
www.riversiderunners.com

Turkey Trot

November 27, 2014 • 8:00 AM • Downtown Lynchburg
The Turkey Trot is a mainstay for Presbyterian Home and Family Services and for the community. This is a morning event that appeals to runners of all ages.
www.phfs.org

Lynchburg Christmas Parade 2014

December 7, 2014 • 5:00 PM • Downtown Lynchburg • The 53rd annual Christmas Parade will highlight marching bands, beauty queens, floats and other entries by area schools, businesses, churches, and civic organizations.
www.lynchburgchristmasparade.com

VOLUNTEER!

VOLUNTEER OPPORTUNITIES

Be a volunteer and enjoy the many benefits: learn new skills, advance your career, stay active, and meet new people. Contribute your time, talents, and skills to make a difference in your community. There are many opportunities to volunteer. Individuals and groups can help with one-day projects or assist on an ongoing basis.

ADOPT-A-TRAIL PROGRAM

Do you care about the quality of Lynchburg's hiking and biking trails? You can help nurture these treasured resources!

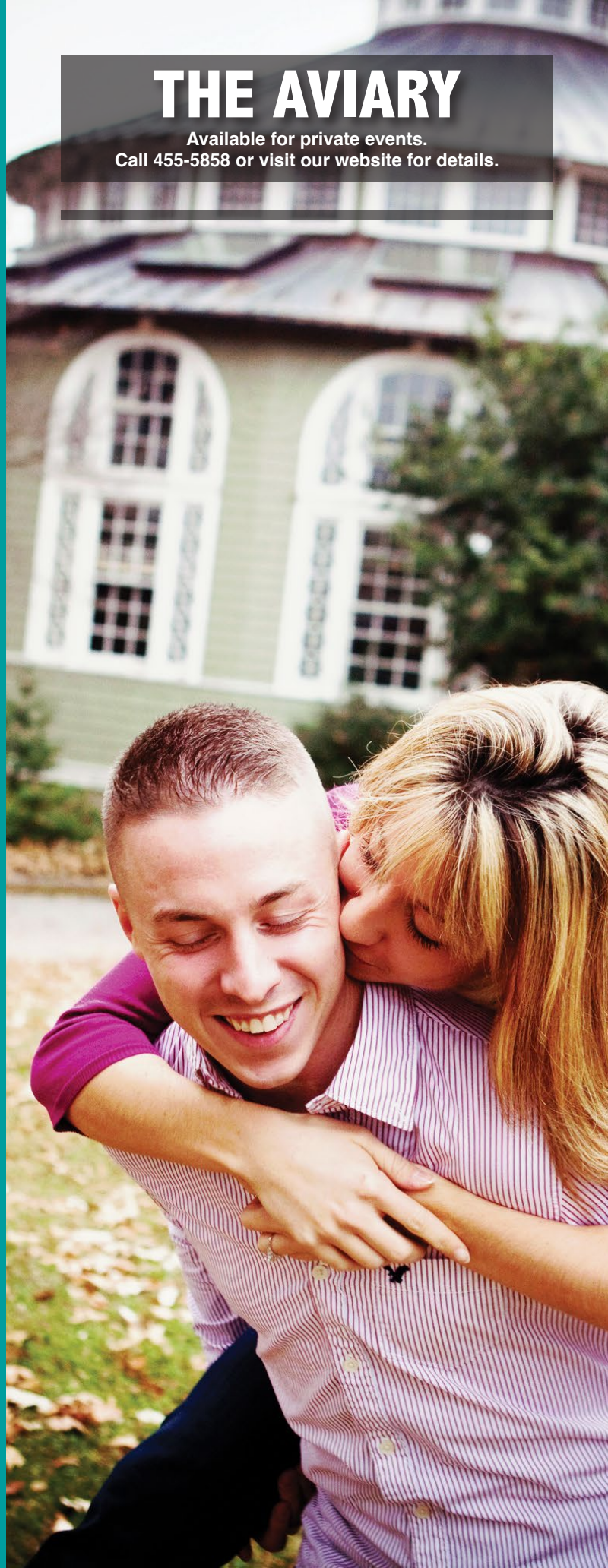
Whether you're a family, civic group or individual...you can assist by adopting your favorite trail and keeping it in good shape by picking up litter, removing small branches from the trail path, and reporting larger maintenance needs. Parks and Recreation provides the equipment, supplies, and a short orientation to get you started.

To learn more about the Adopt-A-Trail Program, call (434) 455-5886.



THE AVIARY

Available for private events.
Call 455-5858 or visit our website for details.



TEMPLETON SENIOR CENTER



Adults of all ages can choose a variety of activities at the Templeton Senior Center. Centrally located and easily accessible, this facility is the ideal place for art classes, bridge lessons, exercise classes, and more. Ongoing special interest groups meet monthly and are open to new participants. For a full listing of activities at Templeton, view our Fifty-Plus newsletter at www.lynchburgva.gov/parksandrec or pick up a paper copy at Parks and Recreation centers; Parks and Recreation Administrative Offices; Lynchburg Community Market; Lynchburg Public libraries; and the Lynchburg Visitor's Center.

TEMPLETON SENIOR CENTER SPECIAL INTEREST GROUPS AND ACTIVITIES

- Canasta
- Current Issues and Events
- Literature for Life
- Lynchburg Duplicate Bridge Club
- Mahjong & Pinochle
- Social/Party Bridge
- Video Chair Exercise Class
- 50-plus Bowling
- Golden Gourmet
- New Chapter Book Group
- Putt-Putt League

TEMPLETON EVENTS

TEMPLETON SENIOR CENTER 10TH ANNIVERSARY CELEBRATION

Friday 9/26 • 1:00pm - 4:00pm

It's a celebration! Thanks to the generous donation of Commander Orion Templeton, area residents have enjoyed the Templeton Senior Center for a variety of recreational activities, events and classes and local bridge enthusiasts have a place to call home for the past ten years! Join us for special music, presentations, refreshments, door prizes, screenings, games and more. Plan to be a part of this special day as we remember the past and plan for the future. FREE.

MAHJONG FUN DAY

THURSDAY 10/16 • 9:00am - 3:00pm

Enjoy a full day of mahjong as you challenge your friends in this ancient Chinese tile game. Newcomers are encouraged. Door prizes and lunch provided. Come by and play on Thursdays from 9:30 - 12:30 and practice up for the big day! Register by 10/14. \$10.00

VETERANS APPRECIATION LUNCHEON

MONDAY 11/10 • 11:00AM - 1:00PM

Join us as we salute the men and women who have so proudly served our country. Enjoy the comradery, buffet lunch, door prizes, entertainment and moving remarks from our area veterans. Free to all veterans who register by 11/6; call 455-4115 to register. Non-veterans tickets \$6.00, on sale 10/13 - 11/6.

BE A SANTA TO A SENIOR WRAPPING PARTY

Tuesday - Thursday • 12/9 - 12/11 • 10:00am - 5:00pm

Catch the holiday spirit as you support Home Instead Senior Care's "Be A Santa To A Senior" program as you help wrap gifts for area seniors. Please bring scotch tape, boxes and scissors. If you would like to purchase a gift, come by the Templeton Center to select a name from the tree. For more information, contact Home Instead Senior Care (434) 385-0321.

FAIRVIEW CENTER



Fairview Center offers a variety of programs and classes for all ages that include: clubs, special interest groups, fifty-plus programs, an after-school program, camps, teen program, guest speakers, luncheons, outdoor activities, exercise classes, athletics, line dancing, and archery. Groups and clubs listed below are citizen-led, and most are either free, or offered for a donation or nominal fee. Amenities include: computer lab, basketball court, playground, tennis/pickleball court, horseshoe pit and field.

To find out more about the events and activities at Fairview Center, stop by to pick up a Fairview Calendar or call for more information.

FAIRVIEW CENTER SPECIAL INTEREST GROUPS AND ACTIVITIES

Fifty-Plus Billiards
Fifty-Plus Tennis
Fifty-Plus Pickleball
Fifty-Plus Horseshoe
Fifty-Plus Basketball
Archery
Bridge Group
Ceramics Club
Gem & Mineral Club
Hill City Writer's Group
Fairview Center Teen Program

FAIRVIEW EVENTS

FAMILY MAGIC SHOW

Thursday 10/30 • 4:00pm - 5:00pm

Abracadabra! Everyone loves a good magic show. Come out to this free show and be dazzled by the Hill City Magicos, a group of local magicians that make up Assembly 32 of the Society of American Magicians.

FREE

SEE PAGE 4 FOR DETAILS ABOUT FAIRVIEW EXTRAS PROGRAM!



YODER CENTER

109 Jackson Street • (434) 847-1645



This vibrant and engaged center offers programs for youth, adults, and families. Located near the Fifth Street Business District, and close to the Blackwater Creek Trail, there's always adventure in store at this recently renovated center.

After-School Program • Summer Camp • Community Meetings

DIAMOND HILL CENTER

1005 Seventeenth Street
(434) 847-1409



Built on the site of the former Marce T. Jones School, this location has long-held significance to the community. The grounds were recently renovated and today, this familiar center is abuzz with activities for friends and neighbors of all ages.

**After-School Program • Summer Camp • Soul Slide Dancing Classes (weekly)
Young at Heart Fifty-Plus Offerings (bi-weekly) • Lunch and Learn Series • Open Recreation**

DANIEL'S HILL CENTER

317 Norwood Street
(434) 847-1396



Conveniently located off Rivermont Avenue in the Historic Daniel's Hill Neighborhood, the Center is just steps away from Point of Honor Museum and the Blackwater Creek Trail. Daniel's Hill Center offers something for everyone.

After-School Program • Home School Classes Seasonal Camps for Youth (Winter, Spring, Summer)
Preschool Playgroup with Lynchburg City Schools (weekly) • Breakfast, Coffee, and Speaker Series (monthly)
Classes and workshops for skill development

JEFFERSON PARK CENTER

405 York Street
(434) 847-1405



With an expansive campus, Jefferson Park Center is home to tennis courts and an athletic field—perfect for throwing discs, flying kites, or playing ball. Terraced seating overlooking the field recalls that this park has been a staple in the community for decades.

After-School Program • Summer Programs • Classes • Open Recreation • Community Events

THE ART STUDIO AT JACKSON HEIGHTS

720 Winston Ridge Road
(434) 455-4001



Classes started at The Art Studio at Jackson Heights in January of 2013 with rave reviews. This recently renovated location is equipped for pottery, ceramics, and stained glass.

STAINED GLASS OPEN STUDIO

Join stained glass enthusiasts for open studio time several Wednesdays each month, call the Fairview Center at 845-1751 for dates. \$5.00 per session. 7:00pm - 9:00pm

COLLEGE HILL CENTER

811 Jackson Street
(434) 847-1418



Situated in the heart of the City, College Hill Center is compact, energetic, and serves as a recreation hub for busy people on the move. Catch a spirited game of basketball on the court, or a two-hand touch football match on the front lawn.

After-School Program • Summer Programs • Community Events



MILLER CENTER

→ OPENING EARLY 2015 ←

This historic building is the largest community center in our city, and is home to the Lynchburg Parks and Recreation administrative offices, neighborhood center, classrooms, small theater, and will be the new home for the Nature Zone. The building is in the midst of an 18-month renovation process. We are so excited for what the new Miller Center will offer our community upon its reopening in early 2015.

“Like” us on facebook to follow the this project.



REGISTRATION FORM

Lynchburg Parks & Recreation • 301 Grove Street, Lynchburg VA 24501 • 434-455-5858 • FAX 434-528-2794

How did you hear about this activity?

☐ Activity Guide ☐ Email ☐ Facebook ☐ Twitter ☐ News Story - Newspaper/Magazine/TV ☐ Advertisement - News Paper/Magazine/TV
☐ Outdoor Advertisement ☐ LTV ☐ Print Newsletter/Calendar ☐ Postcard ☐ Website ☐ Word of Mouth ☐ Other: _____

Date of Birth: ____ / ____ / ____

Participant's Name:

☐ Female ☐ Male

City of Lynchburg Resident? ☐ Yes ☐ No *Only participants living in the City of Lynchburg are eligible for Lynchburg Resident Rate (LR).*

Participant's Street Address (REQUIRED):

Street Address

City State Zip

Mailing Address (IF DIFFERENT THAN STREET ADDRESS):

Street Address or PO Box

City State Zip

Home Phone:

Work:

Cell:

Email: _____

Emergency Contact:

Relationship:

Phone:

PARTICIPATION AGREEMENT WITH 911 RELEASE

In consideration of the permission granted to me/my child by Lynchburg Parks & Recreation Department, being fully aware and understanding any risks and dangers that are associated with said activities; it is still my decision to participate/allow my child to participate in such activity(ies). I hereby release and hold harmless the City of Lynchburg, its officers, employees and volunteers from all actions, causes of action, damages and claims, or demands which I, my heirs, executors, administrators, or assigns may have against the City of Lynchburg, and/or other described parties for all personal injuries known or unknown incurred by participation in this/these activity(ies). In the event of a medical emergency, I authorize representatives of Lynchburg Parks & Recreation to contact EMS at 911, if I or my child is incapacitated. In the event I or my child requires medical treatment, I agree to be responsible for the cost of such treatment.

Sign Here → Signature of Participant or Parent/Legal Guardian (REQUIRED) : _____ Date: _____

PHOTO RELEASE

I grant the City of Lynchburg permission to use my/my child's likeness and name in any official communications materials. Materials may include but are not limited to news releases, publications, videos, billboards, television, and social media. I, the undersigned, have read this release and understand all its terms.

Sign Here → Signature of Participant or Parent/Legal Guardian: _____ Date: _____

ACTIVITY TITLE	ACTIVITY #	START DATE	FEE or LR FEE
			\$
			\$
			\$
OFFICE USE ONLY		Receipt Requested? <input type="checkbox"/> Yes <input type="checkbox"/> No	Total Due: \$
Receipt #: _____	Processed by: _____	Date: _____	

METHOD OF PAYMENT

☐ Cash (Do not send cash through the mail.)

☐ Check (# _____)

☐ Money Order

☐  ☐ 

Expiration Date: _____

CREDIT CARD AUTHORIZATION

Must be completed for all mail-in credit transactions.

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Total Amount Charged: \$ _____

Cardholder Name: _____

Cardholder Signature: _____

Name and Address of Person Paying for Activities (if different than participant):

Name Street Address City State Zip

REFUND POLICY

- Refunds will only be considered if requested at least 10 business days prior to the start of the activity and may be subject to an administrative fee for incurred costs.
- No refunds (or partial refunds) will be issued to customers who fail to attend an activity/class.



RecQuest

Are you looking for an activity, class, or program suitable for groups? RecQuest is the answer!

Programs are designed for everyone and every occasion - from schools, organizations and Scouts, to neighborhoods, social clubs and family reunions. Parks and Recreation staff can customize a program to fit your needs. Use your own location, or join us at one of Lynchburg's parks, trails, or recreation centers. We provide all materials and the experienced instructors; you provide the date, time, and group!

RECQUEST PACKAGE PROGRAMS

- | | |
|---------------------------|---|
| Exploring the Arts | Theatre Fun • Dance into Action •
Explore an Art Medium •
Creative Sculpture |
| Athletics | Basketball FUNDamentals • Winning
Softball Skills • Fantastic Fitness |
| Genealogy | Introduction to Genealogy • Beyond
Genealogy Basics • Web Genealogy |
| Naturalists | Explore the Seasons • Fall and Winter
Hibernation • Live Animals • Scout
Badge Programs • Canoes & Kayaks |

CALL (434) 455-5858 TO REQUEST MORE INFORMATION AND A FEE SCHEDULE.



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Saturday*



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